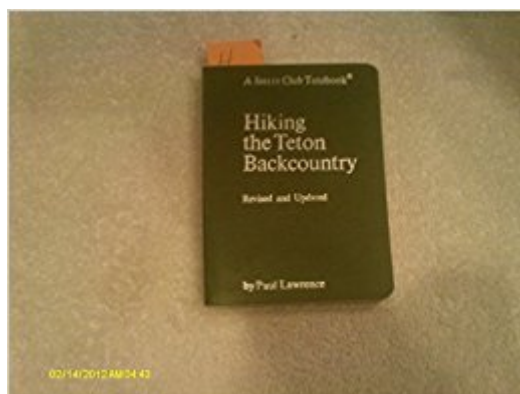


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# Hiking The Teton Backcountry (A Sierra Club Totebook)



## Synopsis

Hiking the Teton Backcountry; Paul Lawrence; A Sierra Club Totebook; 159 pages. Book includes hints and suggestions for safe hiking, description of hiking trails (northern, southern, connecting trails, and longer hikes). Small enough to put in your pocket.

## Book Information

Series: A Sierra Club totebook (Book 1)

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## Customer Reviews

Hiking the Teton Backcountry; Paul Lawrence; A Sierra Club Totebook; 159 pages. Book includes hints and suggestions for safe hiking, description of hiking trails (northern, southern, connecting trails, and longer hikes). Small enough to put in your pocket.

For several summers I carried the first edition (1973) of the Sierra Club Totebook - Hiking the Teton Backcountry. Long ago I misplaced my guidebook, but recently I found a copy at a local library book sale. Pocket size, low weight, and durability were its key attributes. The trail descriptions were perhaps too concise, but overall it was a useful guide in the 1970s. Today, this out-of-date, little 160-page book is amusing, and may appeal to collectors. The sections on hiking gear, food, and trail safety illustrate how much has changed. We are advised that a canteen is not essential as running water is plentiful; no mention is made of treating, filtering, or boiling stream and lake water. Terry stitched socks, either cotton or synthetic fibers, are considered more comfortable than heavy wool socks. Long pants of wool or cotton twill are best. A light down jacket is preferable to bulky, wool sweaters. Packs with light weight, magnesium frames are recommended for heavy loads. A good

quality goose down sleeping bag will cost \$80 or more. Tents should not be viewed as luxury items as tarps offer too little protection in high mountain country. A tough, light weight, nylon poncho coated with plastic resin is highly recommended. A flashlight is essential; no mention is made of headlamps. The author, Paul Lawrence, mentions trail foods by brand name: Tang, Milkman (a more palatable powdered milk), Perma-Pak (a creamy, powdered milk product), Granola cereal, Darigold canned butter, Wilson's bacon bars, Wyler's fruit-ades, Mount Logan bread, and Pilot Biscuits. There is a discussion of "today's wide variety of freeze dried entrees". Lawrence recommends Mountain House products. Bleuett butane stoves are easy to use, but white gas stoves like Svea and Optimus are better at low temperatures. For those looking for a more current guidebook, I suggest Teton Trails - A Guide to the Trails of Grand Teton National Park by Katy Duffy and Darwin Wile. It offers detailed trail descriptions and updated information on hiking gear, backcountry rules and etiquette.

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